

ETWINNING 2022-2023

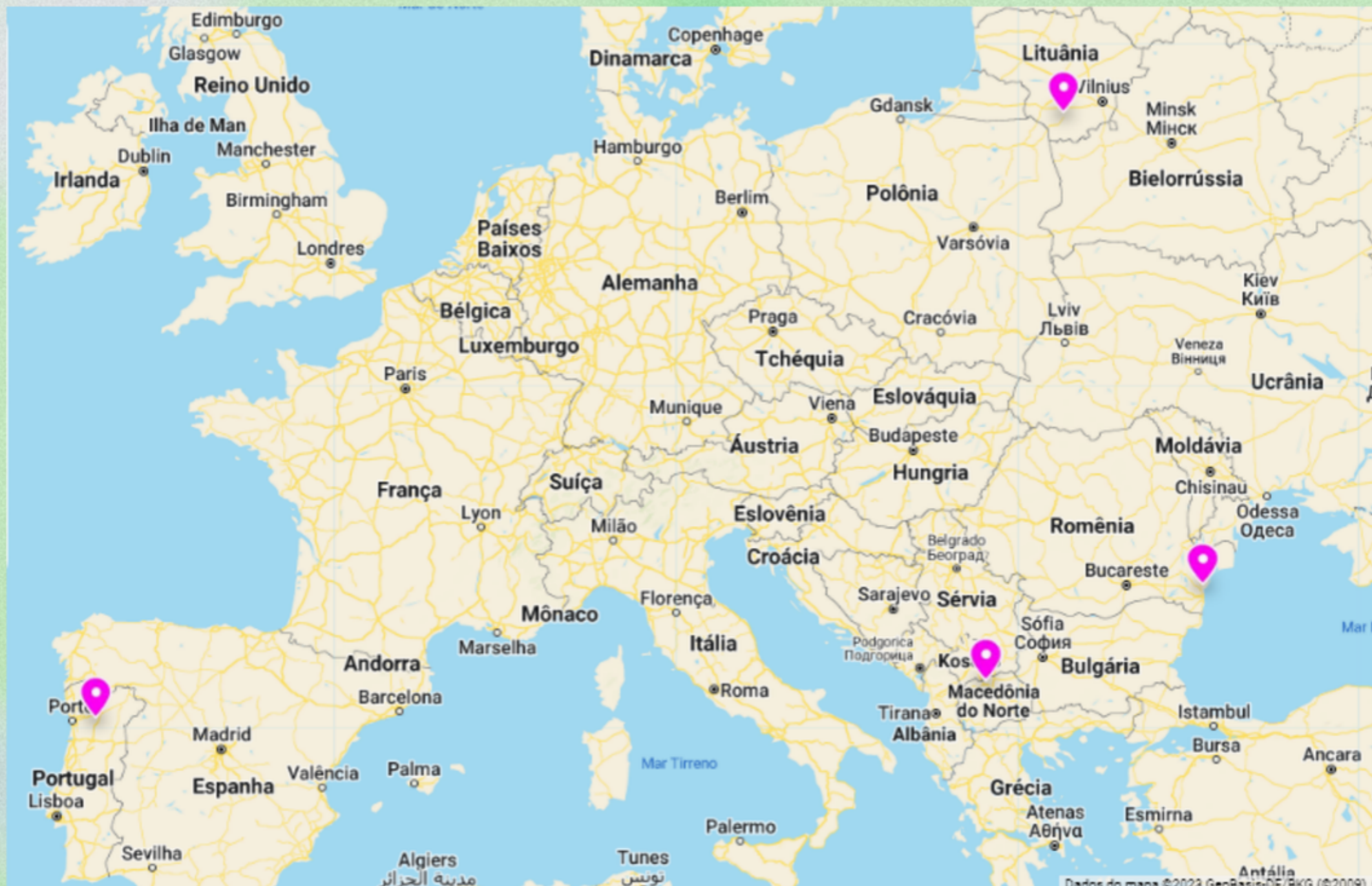


Agrupamento de Escolas da Sé - Lamego  
Escola Básica e Secundária da Sé - Lamego



# Lituânia

Portugal



Romênia

# Macedónia

# Alguns Alunos

**Students from Portugal**  
To get to know me better .... go to the discussion

Padlet  
dav\_adriana • 1m

## The presentations of the Romanian students

# Professores

Hello, I'm Anabela, ICT teacher from Lamego, Portugal.

Hello! My name is Mrs. David Adriana. I am a teacher at the Secondary school „Grigore Moisil” Romania

Hello, my name is Mangri Ligia Elena, I am a Teacher at the Secondary School „Grigore Moisil” and I am also the Principal of this institution.

Hi! My name is Ivanescu Simona, I am an English teacher at the Secondary School „Grigore Moisil” from Navodari, the county of Constanta, Romania. I love children very much and I am very happy to take part in this eTwinning project called Healthy Food Healthy Life.

# O que partilhamos

## Pages

- 1 Presentation
- 2 Monuments not to miss
- 3 Tradicional cuisine in Macedonia
- 4 Landscapes not to be missed
- 5 Come on .... and you will see
- 6 Landscapes not to be missed in North Macedonia
- 7 Come on ... and will see the North Macedonia
- 8 Traditional cuisine Romania
- 9 Traditional cuisine in Lamego
- 10 Goodbye
- 11 monument of Turkey (Elazığ)



### Flag of the city of Lamego

The flag of Lamego has two colors green and white has a silver mural crown of five apparent towers identifies other municipalities based in the city. In practice, also used by parishes based in a city.

### LITHUANIA ALYTUS TOWN

### Traditional food

Romanian food

#### BEEF SOUP

The beef soup is a Romanian dish and is part of the soup category. There are many variants of recipes spread in Romania. For the Romanian cow's soup, several

#### LETTER PIE

**Ingredients:**  
800 gms flour  
400 gms cream  
200 ml milk  
200 gms butter  
500 gms green cheese

#### CABBAGE LEAF ROLL RECIPE

#### SWEET BREAD

**INGREDIENTS**  
8 cups flour - sifted  
7 egg yolks  
4 egg whites  
1 1/6 cups sugar  
1 cup butter

## Goodbye

It is a very nice project. Our students were delighted to prepare the materials in which they presented the school, our city, our region, using digital resources, in particular. Getting to know other locations through the other partners was a new opportunity for them. They thus found out where they live and how their colleagues from other countries live. This way they can be inspired for future trips to partner countries.

### Monuments not to miss

Portugal

#### Church of "Chagas"

The Church of "Chagas" is located in front of Jardim da República and Iaidoro da Guedes Park and was the Church of the disappeared convent of Clarissa religious nuns, giving shelter and education to the young ladies of the nobility.

#### "Porta do Sol"

"Porta do Sol" is the southern gateway to the high citadel in the district of Lamego. The opening is imposed on the wall (built in masonry in the 19th century) unlike Porta da Vila and Porta do Norte, this one consists of an ogival arch and is very thick. Beside this gate there is an emblemized

#### Estátua do Soldado Desconhecido

The Statue of the Unknown Soldier, in Lamego, was designed by sculptor, Vítor

#### Almooze church

The Church of Santa Maria de Almooze, in the city of Lamego, is a Portuguese Romanesque monument from the 12th century, later altered in the 17th century, which subverted part of its primitive and austere Romanesque volumetry. Entirely built in granite, the main façade of the church

#### Museu de Lamego

The Museum of Lamego is located in the historic center of the city of Lamego, in the former Paço Episcopal, a building rebuilt in the second half of the 18th century, under the patronage of Bishop D. Manuel de Vasconcelos Pereira. Today, the Museum of Lamego is an important reference in the regional, national and even